



**Grow N' Know**  
Consulting



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# About The Company

*Grow N Know Consulting is an advisory, training and consulting firm working within the agriculture and environmental sectors. We exist to offer advisory, capacity building and project management services in the agriculture and environmental sectors. We believe in sustainable practices in natural resource management while offering value for money channeled to a particular activity.*

*We work with a dynamic and highly skilled team of professionals dedicated to providing top-notch consultancy services to businesses and organizations across various industries. Our primary goal is to help clients overcome challenges, maximize opportunities, and achieve sustainable success and growth.*



# Mission & Vision

## Mission

To provide innovative and sustainable solutions to farmers and agricultural businesses, enhancing their productivity, profitability, and environmental stewardship.

## Vision

To become a leading force in the agricultural industry, empowering farmers with cutting-edge technologies, expert advice, and a deep commitment to fostering a greener and more prosperous future for agriculture worldwide.

## Core Values

- *Integrity : We are honest, ethical, and maintain a strong sense of moral principles.*
- *Responsibility : We are accountable for our actions and decisions.*
- *Excellence : We strive for high quality and continuous improvement in all we endeavor in.*
- *Teamwork : We collaborate with clients and partners while working towards common set goals.*
- *Innovation : Embracing creativity and forward-thinking to find new solutions and ideas.*
- *Sustainability : Committing to environmentally and socially responsible practices.*

# Our Services

*Grow N Know Consulting engages, shares knowledge and insights in:*



## Food Safety

We engage in comprehensive assessments of food handling procedures, providing expert guidance on optimal food safety management systems, and recommending tailored HACCP principles aligned with the unique needs of our clients' operations.



## Good Agricultural Practices

Grow N Know enhances agricultural efficiency through the implementation of optimal practices, encompassing soil testing, integrated pest management, prioritizing worker safety, judicious use of agrochemicals, meticulous harvest and post-harvest handling, and comprehensive environmental management, among other essential aspects.



## Market Standards and Regulations

We support the implementation of necessary systems, ensuring audit preparedness aligning with regulatory requirements for key export markets and market standards. We facilitate connections with reputable certification bodies, testing labs, and essential service providers. Our commitment extends to assisting clients in achieving compliance with various standards such as KS 1758 – Horticulture Code of Practice, GLOBAL G.A.P, GRASP, SMETA, Tesco Nurture, BRC, Fair Trade, and more.



## Project Development and Management

Grow and Know Consulting provides comprehensive support for project development and implementation. With a proven track record, we ensure that clients and donors receive maximum value for their invested resources.

# Our Services



## Capacity Building

Grow and Know Consulting offers tailor made capacity building activities which include production, environmental management, worker health and safety, group dynamics, food safety management systems, market requirements and regulations, nursery management, among others.



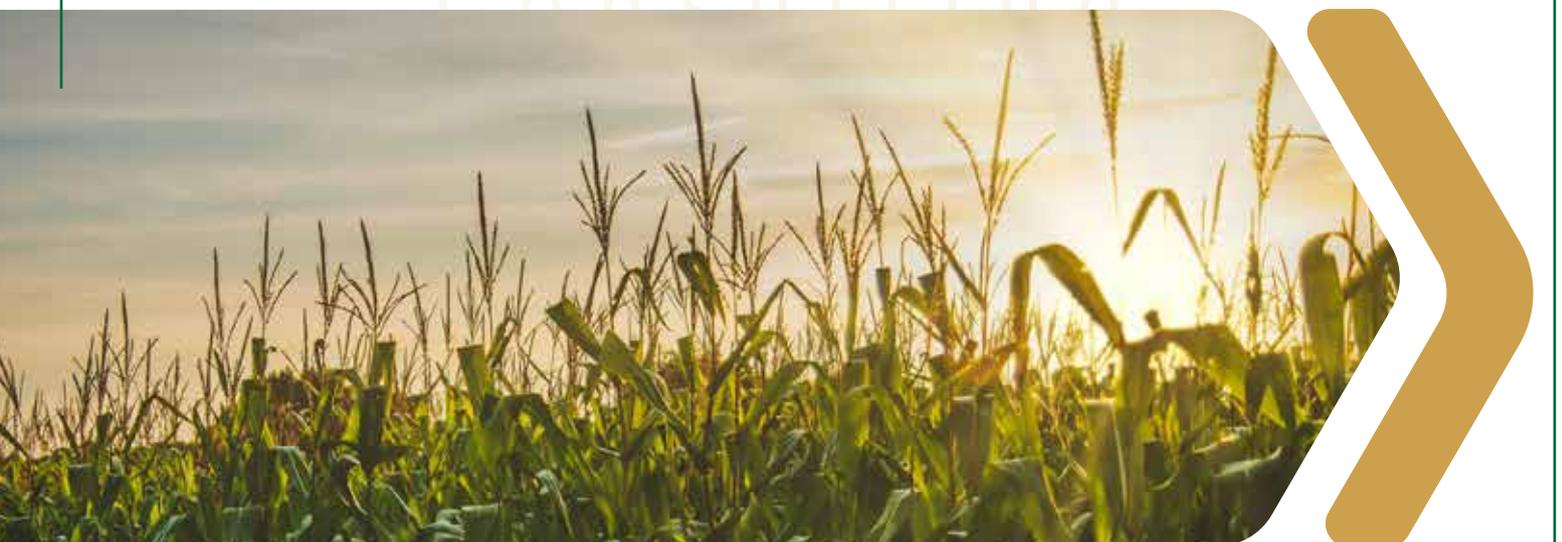
## Nutrition and Wellness Coaching

Grow and Know Consulting focuses on optimizing individual health and well-being. Our certified coaches provide expert guidance on nutrition, lifestyle choices, and fitness, tailoring strategies to unique goals. Through one-on-one sessions, we empower clients to make sustainable changes, fostering healthier lifestyles and improved overall wellness.



## ESG

We develop tailored strategies, assess risks and optimize supply chains for environmental, social, and governance excellence. Our expertise ensures transparent reporting, impactful metrics and employee empowerment.



# Our Approach

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## **Collaboration:**

We believe in collaborating with local communities, governments, NGOs, and private-sector partners to create sustainable, community-driven agricultural solutions.

## **Sustainability:**

Our services prioritize environmentally friendly farming practices that conserve natural resources and promote biodiversity.

## **Empowerment:**

We empower farmers and organizations through knowledge transfer, training, and capacity-building, ensuring they have the skills and tools to succeed.

## **Clients and Partners:**

Our clients include farmers, cooperatives, agricultural associations, governments, development agencies, and agribusinesses. We have built strong partnerships with organizations and institutions dedicated to agricultural development and sustainability.

## **Geographic Reach:**

Our consultancy services have a global reach, with projects spanning various countries and regions. We adapt our solutions to local contexts, considering factors such as climate, soil type, and cultural practices.

# Why Choose Us

## Expertise:

Our team comprises seasoned agricultural experts, researchers, and consultants with in-depth knowledge of the agriculture sector.

## Customization:

We tailor our services to meet the unique needs and challenges of each client, ensuring practical and effective solutions.

## Impact:

Our track record includes numerous success stories of transformed agricultural practices and improved livelihoods for farmers and communities.

## Innovation:

We stay at the forefront of agricultural innovation, incorporating the latest technologies and practices into our services.



*At Grow and Know Consulting, we are dedicated to nurturing growth, sustainability, and resilience in agriculture. Join us in cultivating a brighter future for agriculture and food security worldwide.*



**G r o w N ' K n o w**  
**C o n s u l t i n g**

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